STATE-WIDE NUTRITION PROGRAMS

Program Name:	Meeting Well
Agency/Institution:	American Cancer Society,
	Eastern Division, Inc.
Address:	US Route 1, North Brunswick,
	NJ 08902
County:	All
Phone:	(856) 616-1651
Focus:	Healthy options to serve in a
	meeting setting
Services:	□• ★□ •• ★ □ 5
Population served:	Adults in corporate worksites
Funded by:	
Fees & Charges:	
Other information:	

Program Name:	Generation Fit
Agency/Institution:	American Cancer Society,
	Eastern Division, Inc.
Address:	US Route 1, North
	Brunswick, NJ 08902
County:	All
Phone:	(856) 616-1651
Focus:	Teaches youngsters how to
	plan healthy menus
Services:	□ \$ \$ □ • • • • • • • • • •
Population served:	
	and active in community-
	based organizations
Funded by:	
Fees & Charges:	
Other information:	

Program Name:	Body & Soul
Agency/Institution:	American Cancer Society,
	Eastern Division, Inc.
Address:	US Route 1, North
	Brunswick, NJ 08902
County:	All
Phone:	(856) 616-1651
Focus:	Targets primarily African
	Americans through their
	place of worship
Services:	□• ☆□ •• → •• 5
Population served:	#f\$t
Funded by:	
Fees & Charges:	
Other information:	

Program Name:	Project Healthy Bones
Agency/Institution:	New Jersey Department of
	Health and Senior Services
Address:	P.O. Box 807, Trenton, NJ,
	08625-0807
County:	All
Phone:	(609) 943-3499
Focus:	Provide education to older
	adults with or at-risk for
	osteoporosis.
Services:	□ ☆ □ •
Population served:	Older adults with or at risk
	for osteoporosis.
Funded by:	External grants
Fees & Charges:	None
Other information:	Nutrition information for
	cancer patients/survivors.

STATE-WIDE PHYSICAL ACTIVITY PROGRAMS

Program Name:	New Jersey Live Long, Live Well State-wide
	Walking Program for
	Older Adults
Agency/Institution:	New Jersey Department
	of Health and Senior
	Services
Address:	P.O. Box 807, Trenton, NJ
	08625-0807
County:	All
Phone:	(609) 943-3481
Focus:	Establish a state-wide
	walking program for New
	Jersey's older adults to
	increase physical activity
	and reduce risk of chronic
	disease.
Services:	4
Population served:	<i>↔</i> (50+)
Funded by:	State and federal
Fees & Charges:	None
Other information:	Recognition for
	achievements, walking log
	book, statewide website to
	track activity.

Program Name:	Active for Life
Agency/Institution:	American Cancer Society,
	Eastern Division, Inc.
Address:	US Route 1, North
	Brunswick, NJ 08902
County:	All
Phone:	(856) 616-1651
Focus:	
Services:	□•** □ § •••*
Population served:	Adults in corporate
	worksites system based
	organizations
Funded by:	
Fees & Charges:	
Other information:	Team environment & self-
	motivation

Program Name:	Generation Fit
Agency/Institution:	American Cancer Society,
	Eastern Division, Inc.
Address:	US Route 1, North
	Brunswick, NJ 08902
County:	All
Phone:	(856) 616-1651
Focus:	
Services:	□♥�□ ፆ▲ ∀
Population served:	
	and active in community-
	based organizations
Funded by:	
Fees & Charges:	
Other information:	

Program Name:	Project Healthy Bones
Agency/Institution:	New Jersey Department
	of Health and Senior
	Services
Address:	P.O. Box 807, Trenton, NJ,
	08625-0807
County:	All
Phone:	(609) 943-3499
Focus:	Provide physical activity
	and education to older
	adults with or at-risk for
	osteoporosis.
Services:	□ ☆ □ ႃ '
Population served:	Older adults with or at
	risk for osteoporosis
Funded by:	External grants
Fees & Charges:	None
Other information:	Physical activity
	information provided for
	cancer patients/survivors.